



Curriculum policy: Physical Education

Physical Education



Curriculum Intent

Through PE we want our children to develop their physical, intellectual, and social skills.

High-quality PE is essential as it supports children's enjoyment of physical activity and commitment to a healthy active lifestyle. Our PE curriculum focuses on pupil's acquisition, development and application of skills or tactics in a range of situations when working independently, co-operatively, or competitively.



Curriculum Aims

We want children to be able to:

- Ask questions, discuss, communicate understanding, and revise their ideas
- Use specialist vocabulary
- Understand and clarify what physical education is and the importance and value of studying the subject
- Analyse and evaluate their skills and decisions to improve the quality of their technique.
- Experience a variety of increasingly challenging situations that support their confidence and creativity, and develop their capacity for respect, fairness, and tolerance
- Understand the importance of health and fitness and its link to their health and well-being



Lesson structure

We want physical education to be an enjoyable experience. We believe that children learn best when there is a clear structure.

Each lesson begins with a clear learning objective. Following a warmup, children will develop or refine skills or a set of skills that are then applied to an activity.



Planning and Resources

Each unit employs the same structure. Teachers begin by looking at the unit overview. This provides an overview of what will happen in the half termly unit. It offers practical advice regarding resourcing and teaching of the unit of work. Units are designed around the development of fundamental movement skills (FMS). Alongside the progression of these FMS is the progression of six distinct area or learning behaviours (Physical, creative, cognitive, social, personal and health / fitness).

It is essential that teacher's read, digest, and fully understand how each lesson builds towards children's overall development in Physical Education.



Curriculum Implementation

We teach PE as an explicit subject using the Real PE scheme, which covers all strands of the National Curriculum.

Children are taught six units over the year. Each unit has six sessions.

All children work on the same core tasks. Those that grasp content and concepts quickly can then work on the extensions within the task.



Assessment

Formative assessment opportunities are integrated throughout the units. There are mostly informal and depend on watching how children perform a specific skill or competency.



Inclusion

We teach PE to all children, whatever their ability. Through our PE teaching we provide learning opportunities that enable all children to make progress. We do this by setting suitable learning challenges and responding to each child's individual needs.



Role of Subject Leader

- Ensure that the statutory requirements of the national curriculum for physical education are met
- Ensure appropriate professional development opportunities are provided for all staff
- Improve the quality of provision in PE for all pupils
- Monitor their subject to ensure consistency of approach
- Ensure regular and appropriate assessment of physical education takes place and have a clear overview of who is achieving age related expectations
- Ensure that children who are not making enough progress to achieve age related expectations have been identified, and appropriate interventions put in place to ensure they catch up
- Ensure appropriate resources are available
- Engage with outside agencies and online communities to keep up to date and become the expert in their chosen subject in the school

Date written: July 2023

Review date: September 2025