Year Reception Autumn 1

Incredible Me!

What do I look like? How do I stay healthy? How do I look after my teeth? Who is in my family? Who can help me in school? Who can help me outside of school?

Key Content	Questions to Discuss	Anchor Vocabulary	Goldilocks Vocabulary	Step On Vocabulary
Rey Content	Incredible Me What do I look like? What am I good at? What do I want to do /be? How do I stay healthy? How do I look after my teeth? How do you feel today? How would your friend feel if? My incredible family Who is in my family? What do I like to do with my family? What do me and my family celebrate? Incredible people around me Who can help me in school? Who can help me at home? (dentist, doctor, police, firefighters) Superheroes What do superheroes do? How can we solve this problem?	Incredible Me Name, me, I, look, hair, eyes, ears, nose, mouth, face, good, baby, child, same, different. Healthy, fruit, vegetables, teeth, toothbrush, exercise. Feel, sad, happy, angry, upset, scared. My incredible family Family, mom, dad, sister, brother, grandma, granddad, birthday, party, love Incredible people around me Doctor, dentist, nurse, police, firefighter, care, help, 999, teacher, cleaner, lunchtime supervisor Superheroes Hero, help, mask, cape, power, good	Incredible Me Myself, mirror, chin, cheeks, lips, eyebrows, long(er), short(er), tall(er), talent, grow up, difference. Prevent, rotten, clean, decay, heartbeat. Excited, worried, frightened, surprised. My incredible family Parents, grandparents, young (er/est), old(er/est), caring, special times. Incredible people around me Dentist, emergency, helpful, secretary, caretaker, headteacher. Superheroes Brave, superpower, invisible, strong, x-ray vision, fly, costume.	Incredible Me Appearance, reflection, similar, future. Gleam, prevent. Disappointed, embarrassed, nervous. My incredible family Relatives, relationship, celebration. Incredible people around me Doctors' surgery, station, responsible, plan, support. Superheroes Rescue, evil, transform.
Prime Areas:	PSED Jigsaw – Being Me in My World	Physical Development Real PE – Foot Work, One Leg Balance		
Understanding the World Key Knowledge:	Past and Present Children will know how old they and how old some other family members are. They will know and have the vocabulary to talk about older members of their family, such as grandparents.	The Natural World Children will know how we stay healthy. They will know the name of some fruits and vegetables. They will know they need to brush their teeth twice a day.	People, Culture and Communities Children will have the vocabulary to talk about their family and people around us. They will know who in and out of school can help them. Children will know that everyone is different and talk about our differences.	
Expressive Art and Design Key Knowledge:	Creating with Materials Children will know how to use a paint brush and develop their skills to paint with increasing control. Children will know when to use different sized brushes for effect. Activity: paint a self-portrait.	Creating with Materials Children will make 3D representations of objects, living things or places. Children will know the name of the materials they use and their properties, colours and shape. Activity: create an owl from clay.	Music Children will listen attentively, move to, and talk about music, expressing their feelings and responses.	